

THE MANIFESTO OF PAVEL PASHKOV

Why do people destroy everything living around them? How did it happen that we, possessing intelligence, the ability to organize ourselves and understand the consequences of our actions, are simply collectively tearing apart everything we can reach? And not only are we cutting down forests, polluting rivers and seas, shooting wild animals for sport and entertainment, but we are also destroying ourselves — poisoning ourselves, allowing transnational corporations to profit from collective self-destruction. In the literal sense of the word, death is being sold to us — and we are buying it.

We have stopped fighting for Life.

Humanity is drifting downstream through its evolutionary history, not even trying to use the greatest power that nature has given us — reason.

The world is going through a planetary crisis — people are destroying all the basic life-support systems on Earth, destroying our own and only habitat. And on such a scale that it is no longer possible to ignore it! According to scientific data from the world's scientists, the average abundance of all vertebrate animals on the planet has declined by 73% in just the last 50 years — just think about it, this is an instant by the standards of the Earth.

A few decades — and now the last percentages of animals are forced to hide from humans on the fragments of once-living ecosystems.

We, humans, are destroying a multimillion-year evolutionary history, simply wiping it from the face of the planet. And instead of becoming the mind of the Earth, we are turning into a dangerous geological disease. For all the rationality of our civilization, of our species, while fully understanding the scale of the ongoing ecocide, we do not stop for a single step. And we tear apart everything living in the Biosphere that supports the fundamental foundation of life itself on Earth.

According to the latest scientific assessments and numerous studies, the world is on the brink. People have already crossed seven of the nine planetary boundaries, are exterminating species, cutting down ancient forests, poisoning rivers and oceans, and even the air we breathe is saturated with forever chemicals.

We stand at a crossroads, when humanity literally has one last chance to stop the destruction of the Biosphere and protect the right of future generations to Life.

My name is Pavel Pashkov. I am a Russian independent researcher, writer, and traveler from Siberia.

And today I call on all people, on all continents of the Earth, beyond social and political borders, quarrels, and conflicts — to recognize the scale of the ongoing crisis and join the struggle for Life! Become part of our Mission — we are trying to stop what many, including specialized scientific experts, already consider inevitable.

I have devoted my entire life to protecting wildlife, to studying exactly how humans are destroying the Earth's Biosphere. I am searching for answers to my questions and sincerely want, in the years of life allotted to me, to try to change the world for the better. To unite people, stop the death of ecosystems, and influence all this global madness.

My manifesto to you is a call to fight for Life!

Listen to me! And you will understand what this is about.

More than 1 billion people in the world are already living with a mental disorder — according to scientists in The Lancet / Global Burden of Disease Study, which was published in 2026. These data are also confirmed by the World Health Organization. This means that every eighth person on the planet already has mental disorders! In just three decades, the absolute number of people with such disorders has almost doubled.

The main problem lies in the way of life — in constant stress, in a tense social environment, which ultimately undermines the nervous system. In such a state, it is difficult for people. Difficult to find a place in life, to define one's own Self, to understand who we are and where we are going.

Wars, chaos, political strife, social networks and mass media that are literally driving people insane — tear society apart in different directions, and every day seems more and more mad. And every day more and more people stop fighting for life — because they are suppressed. Because they are tired. Because they no longer have the strength to pass through themselves the entire weight of a modern lost civilization.

But that is not all. The modern capitalist model, the model of consumption, literally dictates to us that happiness, your self-definition in the world, your place — is where you can own something that most cannot. We are given a completely false idea of reality, of true authentic life, for which one must fight!

People are driven into debt for the sake of cheap trinkets. Business deliberately creates equipment with a limited shelf life in order to force people to pay for parts and make repairs. The pharmaceutical industry produces medicines, literally hooking people on them — making sure they take and take their medications until death itself.

Business poisons food products, replaces living food with ersatz products — artificial substitutes for life. The same publications of the World Health Organization state that in 2022 alone, 2.5 billion adults were overweight, of whom 890 million suffer from obesity — organisms are disrupted, these are edemas, chronic diseases, deviations, metabolic disorders that should not exist.

And this leads to increased mortality, the development of cardiometabolic diseases, and mental disorders. It kills. We are fed chemical additives, flavor enhancers, sweeteners, emulsifiers, flavorings, fast food. Death is being slipped to us.

Look at the world around you! Go outside, take a deep breath, and ask yourself: why do people smoke tobacco? Cigarettes. All this disgusting filth that directly kills us with you. According to the latest estimates, there are around 1 billion 250 million smokers in the world — that is approximately every fifth adult person on the planet.

According to WHO data, the tobacco epidemic kills more than 8 million people every year — of these, 7 million are direct tobacco users, and another about 1 million 300 thousand people die from exposure to second-hand tobacco smoke. Look around: people smoking nearby are killing you.

On top of this, the transnational giants of capitalism invented vapes — electronic cigarettes, and then hooked people on them as an alternative to tobacco: “Breathe in oil, it is safer for your health.” They consciously promoted this filth to our children — they poisoned and killed our future generation.

How many teenagers have you seen around you smoking electronic cigarettes? This phenomenon has become constant. And only now scientific papers are coming out proving the extreme danger of this filth — it kills. More than that, according to scientific data, young people who started with vapes are then three times more likely to move on to smoking regular cigarettes. Not to mention that vaping is directly associated with respiratory disorders, serious chronic and fatal diseases.

But we allow this. We take all this into our own hands. We poison ourselves and silently watch as children do the same before our eyes!

Tell me.

Is this not collective suicide?

What is great in this? What is outstanding in this? What meaning of life are we talking about? What are we looking for here, what morality, what goal, what reason do we even dare to speak of?

A world of madness, anger, hatred toward one another. A world where passivity, depression, and death reign. And all this we demonstrate to our children. They look at us, take everything they see as truth, and then become the same. They copy the actions of their parents. They remember.

We must stop this!

My manifesto is a manifesto of the struggle for Life! The ideology of a new world must become the struggle for the real, for authentic reality, for the living world around us.

For our children, in the end. For their future, if you do not care about your own lives! Think about the children.

Our mission is to remain alive in the full and authentic meaning of this word.

I know that many will say: this is utopia. This is romanticism. This is unrealistic in a world of markets, algorithms, borders, and elite interests.

But I will ask in response: what is real in a world that is losing the ground beneath its feet and the sense of reality altogether?

What is real in a system that considers the growth of debt to be success, and the acceleration of the destruction of the real Living world to be progress?

Planetary ecological collapse has become a catastrophe. But we will not be able to save the planet if, at this very same moment, a half-living human civilization is decaying, incapable of giving a true immune response to all the madness that is happening.

What does it mean to fight for Life? What am I talking about at all? What is my manifesto?

It is very simple: stop killing yourselves, leave the circle of collective suicide, do not look at those around you as the only possible example of personal behavior. Look each other in the eyes, look at your loved ones and relatives, and try to explain these things to them. But even better — show by your own example how one must fight for Life.

Whatever you do, whatever you eat, whatever water you drink, whatever words you speak — ask yourself one question: IS THIS LIFE?

Your medications — are they life? Ersatz products on the table, stuffed with poisonous chemistry — is that life? A cigarette in your hands, a vape in the hands of your children, a bottle of beer destroying the hormonal background and taking you away from reality in the evenings — is that life?

Or is it death after all?

We have been protecting nature with you for more than ten years. This is a difficult struggle. This is a struggle in which they really tried to remove us, liquidate us, simply destroy us for standing up and declaring our right to Life! And this right includes the right to connection with nature, with the authentic world around us, the right to live, not merely exist.

And, unfortunately, today the statistics of our projects show that 80% of those who are ready to protect nature are women. Our guides into the world of feelings, love, and solidarity. Our companions who do not let us fall. Who do not let this world disappear completely.

But where are you, strong, free men, rising to defend nature? Where are your strong hands, broad backs, healthy and conscious actions to change the world for the better?

They lie to you when they say that the time of heroes has passed. They brazenly lie to you when they claim that the age of discoveries, research, and the search for one's inner wolf is long dead.

Do not kill the beast for pleasure. This is not sport. This is not entertainment. This is self-destruction and the murder of a wild brother.

Do not smoke, do not drink alcoholic filth, train, harden your body! Repeat again and again: our Mission is to fight for Life. Our Mission is to protect our children, protect women, value the brothers who are beside us, and cover them in a difficult moment.

Do not be afraid to change something.

I look at our women now — how hard it is for them. It is hard for them, men, very hard! They want to see beside them strong, strong-willed men capable of solving real problems in practice, leading others surely, reasonably, testing the ground beneath their feet and pointing the right way. They want our daughters to look at their fathers and seek husbands in the future who are just as strong and brave! They want our sons to take example from their fathers, listen to the stories of their grandfathers, understand the importance of touching the living world and protecting it. We must gather as much experience, as much courage and knowledge together as we can in the time allotted to us — and pass all of this on to our children.

They must not poison themselves. They must not die from quarrels among themselves, from strife, hatred, and artificial substitutes for life. No. They must fight for Life. Look into the eyes of your children. Embrace your wives and look into their eyes as deeply and sincerely as you are capable of. Let them understand that real men are returning. And we will change this world.

This is my Manifesto. This is our struggle for Life.

A stylized, handwritten signature in black ink, consisting of several overlapping, sweeping strokes that form a unique, abstract representation of the name Pavel Pashkov.

PAVEL PASHKOV